

## Migration Health Assessments for New Zealand-Bound Migrants

All applicants are required to undergo a migration health assessment as part of their visa application process for New Zealand. In this document, you will find important information related to your upcoming migration health assessment at IOM’s Migration Health Assessment Centre (MHAC) in Kampala, Uganda.

You will also be able to download this document at the end of the appointment-making process.

### IOM Kampala MHAC Contact Information

**Address:** Plot 47 Naguru Bukoto Crescent, P.O. Box 11431, Kampala - Uganda

**Phone Number:** +256 393 000 003 EXT: 405/ +256 312 263 210 / + 256 775 273 149

**Opening Hours:** Mondays – Thursdays 08:00 AM – 05:30 PM, Fridays 08:00 AM - 02:00 PM

**Email address:** [MHACUganda-inquiry@iom.int](mailto:MHACUganda-inquiry@iom.int)

### What Should I Expect at my Appointment?

The scope of the migration health assessment varies depending on factors such on your visa category, age, gender and current health status. The list below shows some of the procedures that you or your family (if they are applying to migrate with you to New Zealand) might receive:

- Registration.
- Counselling to explain the health assessment process (at the end of the counselling you will sign an informed consent form).
- Medical examination, which may include the following:
  - A review of your medical history and current symptoms
  - Taking your measurements and vital signs
  - A detailed physical examination to assess your physical and mental status
  - A chest X-ray
  - Laboratory tests
  - Hepatitis B and C tests
  - Syphilis test.
  - Serum creatinine (test for kidney function).
  - HIV test.
  - Full blood count.
  - Glycosylated hemoglobin (test for diabetes).
  - Pregnancy test.
  - Urine analysis.

### Breakdown of Migration Health Assessment Procedures by Age of Applicant:

| Below the Age of 5 Years | Between 5 and 10 Years                    | Between 11 and 14 Years                                    | 15 Years and Above  |
|--------------------------|---|--|---|
| - Medical examination    | - Medical examination<br>- Urine analysis | - Medical examination<br>- Urine analysis<br>- Chest X-ray | - Medical examination<br>- Urine analysis<br>- Chest X-ray<br>- Blood tests |

*All basic requirements are done on the same day, during the same appointment.*

### Will I need additional tests or procedures?

Additional tests or treatment may be in order to complete the health assessment and/or to comply with the requirements of the immigration authorities, based on health conditions identified during your examination. In such an event, you will be provided with additional counselling and more information during your appointment.

### Will I receive any vaccines?

Immunizations are not currently required as part of the migration health assessment for New Zealand, unless special arrangements apply (such as immunization in case of outbreaks of vaccine-preventable diseases in the country of origin). However, you are strongly encouraged to complete immunizations before you travel to New Zealand and bring your immunization record with you. If you wish, the IOM doctor can review your record and provide advice on missing vaccinations.

## Important Notes

### Minors:

Applicants under the age of 18 must be accompanied by a **parent or guardian** who can provide consent and make decisions on their behalf.

### Pregnancy:

If you are pregnant and undergoing a migration health assessment, you may choose to either get the chest X-ray with a double leaded shielding to protect you and your unborn baby **or** wait to proceed with the migration health assessment until after giving birth.

If you choose to proceed with the chest X-ray, you will be requested to sign an additional consent form.

### Tuberculosis (TB):

TB is a contagious bacterial infection that is spread from person to person through tiny droplets in the air. TB can be either:

- (1) **Latent TB:** when you have the bacteria in your body, but you don't have any clinical manifestations. In order to diagnose latent TB, active TB should be ruled out.
- (2) **Active TB:** when you have the bacteria and have clinical, radiological or laboratory manifestations.

**You might be asked to undergo further testing if the doctor suspects you have TB.** In such an event, you will be provided with additional counselling and more information during your appointment.

You will be requested to provide three (3) sputum samples over 3 consecutive days. These samples are then tested in a laboratory; **it can take up to 8-10 weeks to obtain a result.**

If you are required to complete this test, your health assessment certificate will be put on hold until the results are received. If you are found to have TB, you will need to successfully complete treatment before resuming the immigration process.

Good news! **TB is treatable** and most people can be cured with a few months of oral antibiotics.

## What Do I Need to Bring to My Appointment?

### Identification:

- Passport (valid original)

### Medical Records:

- Any medical reports on past or current medical conditions.
- Child Health and Development Record for children, if available.

### Other:

- Eyeglasses or lenses, if you wear them.
- Address in country of origin printed and in English.
- Address in the New Zealand printed and in English.
- **Please bring a hard copy of the proof of payment.**

## Advice for the Migration Health Assessment

- For your physical examination, you will be asked to remove your clothes and will be provided with a medical gown, but **please keep your underwear on.**
- You **may request a chaperone** to be present at your physical examination.
- **Please do not conceal any medical conditions;** deliberate attempts to hide them will be reported to the New Zealand immigration authorities.
- For female applicants, **please do not conceal your pregnancy;** being pregnant will have no impact on your immigration prospects.
- **Please postpone or re-schedule your appointment if you or your child are ill** with a fever or have a rash.
- For female applicants, **please postpone or re-schedule your appointment if you are menstruating,** as it may affect the urine test result.
- There is **no need to fast** prior to your appointment.

## Migration Health Assessment Fees and Payment Information

### Fees, by Age of Applicant:

| Chest X-ray only, all ages | 0 to 10 years | 11 years and above |
|----------------------------|---------------|--------------------|
| USD 30                     | USD 150       | USD 200            |

*Additional fees will apply if other investigations are requested.*

### How to Pay for the Migration Health Assessment:

- Cash payments are no longer accepted at the MHAC. Payments should be made directly to any Stanbic Bank Branch in either USD or Ugandan Shillings (UGX) before your appointment, using the bank details below.
- Clients wishing to pay in UGX should consult the IOM exchange rate shown in the banner at the top of the MyMedical page; it can also be found in the My Appointment section of the MyMedical website.
- Payments can also be made via mobile money, through the Stanbic Bank Flexi-pay platform (MTN and Airtel transactions only).

**Stanbic Bank Flexi-pay Platform Instructions:**

1. Dial \*291#
2. Select "Pay Merchant"
3. Enter IOM Merchant Code: 226929
4. Enter amount to be paid
5. Payment reason: Applicant's name, "New Zealand"
6. Select "Confirm"
7. Prompt will appear to input mobile money PIN.
8. Please provide the Flexi-pay "Ref" received when you come to the IOM Kampala MHAC.

**Bank Details for the IOM MHAC in Uganda:**

|                              |  |
|------------------------------|--|
| <b>Name of Bank:</b>         | Stanbic Bank                                   |
| <b>Account Name:</b>         | International Organization for Migration (IOM) |
| <b>Bank Branch:</b>          | Any branch                                     |
| <b>Account Number (USD):</b> | 9030016018898                                  |
| <b>Account Number (UGX):</b> | 9030005818477                                  |