

Migration Health Assessments for New Zealand-Bound Migrants

All applicants are required to undergo a migration health assessment as part of their visa application process for New Zealand. In this document, you will find important information related to your upcoming migration health assessment at IOM's Migration Health Assessment Centre (MHAC) in Bangkok, Thailand

You will also be able to download this document at the end of the appointment-making process.

IOM MHAC BANGKOK, THAILAND Contact Information

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Opening Hours: Monday-Thursday 8.00-17.00, Friday 8.00-14.30

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What Should I Expect at my Appointment?

The scope of the migration health assessment varies depending on factors such as your visa category, age, gender and current health status. The list below shows some of the procedures that you or your family (if they are applying to migrate with you to New Zealand) might receive:

- Registration.
- Counselling to explain the health assessment process (at the end of the counselling you will sign an informed consent form).
- Medical examination, which may include the following:
 - A review of your medical history and current symptoms
 - Taking your measurements and vital signs
 - A detailed physical examination to assess your physical and mental status
 - A chest X-ray
 - Laboratory tests
 - Hepatitis B and C tests
 - Syphilis test.
 - Serum creatinine (test for kidney function).
 - HIV test.
 - Full blood count (FBC).
 - Glycosylated hemoglobin (HbA1C test for diabetes).
 - Pregnancy test.
 - Urine analysis.

Breakdown of Migration Health Assessment Procedures by Age of Applicant and Type of Certificate:

Type of Certificate	Below the age of 5 years	Between 5 and 10 years	Between 11 and 14 years	15 years and above
Chest X-ray Certificate	n/a	n/a	• Chest X-ray	• Chest X-ray
Limited Medical Certificate	• Physical examination	• Physical examination	• Physical examination	• Physical examination • Blood tests (Serum creatinine, FBC)
Limited Medical and Chest X-ray Certificate	n/a	n/a	• Physical examination • Chest X-ray	• Physical examination • Blood tests (Serum creatinine, FBC) • Chest X-ray
General Medical Certificate	• Physical examination	• Physical examination • Urinalysis	• Physical examination • Urinalysis	• Physical examination • Urinalysis • Blood tests (Serum creatinine, FBC, HIV, HbA1C, Hepatitis B and C, Syphilis) • MMSE*
General Medical and Chest X-ray Certificate	n/a	n/a	• Physical examination • Urinalysis • Chest X-ray	• Physical examination • Urinalysis • Chest X-ray • Blood tests (Serum creatinine, FBC, HIV, HbA1C, Hepatitis B and C, Syphilis) • MMSE*

All basic requirements are done on the same day, during the same appointment.

*MMSE is required only for applicant 70 years and above

Will I need additional tests or procedures?

Additional tests or treatment may be required in order to complete the health assessment and/or to comply with the requirements of the immigration authorities, based on health conditions identified during your examination. In such an event, you will be provided with additional counselling and more information during your appointment.

Will I receive any vaccines?

Immunizations are not currently required as part of the migration health assessment for New Zealand, unless special arrangements apply (such as immunization in case of outbreaks of vaccine-preventable diseases in the country of origin). However, you are strongly encouraged to complete immunizations before you travel to New Zealand and bring your immunization record with you. If you wish, the IOM doctor can review your record and provide advice on missing vaccinations.

Important Notes

Minors:

Applicants under the age of 18 must be accompanied by a **parent or guardian** who can provide consent and make decisions on their behalf.

Pregnancy:

All women of reproductive age should be asked about the date of their last menstrual period. Pregnant applicants are not required to have an X-ray. However, they might be required by INZ to undergo a chest X-ray after giving birth, should they apply for a further visa for New Zealand.

Tuberculosis (TB):

TB is a contagious bacterial infection that is spread from person to person through tiny droplets in the air. TB can be either:

- (1) **Latent TB:** when you have the bacteria in your body, but you don't have any clinical manifestations. In order to diagnose latent TB, active TB should be ruled out.
- (2) **Active TB:** when you have the bacteria and have clinical, radiological or laboratory manifestations.

You might be asked to undergo further testing if the doctor suspects you have TB. In such an event, you will be provided with additional counselling and more information during your appointment.

You will be requested to provide three (3) sputum samples over 3 consecutive days. These samples are then tested in a laboratory; **it can take up to 8-10 weeks to obtain a result.**

If you are required to complete this test, your health assessment certificate will be put on hold until the results are received. If you are found to have TB, you will need to successfully complete treatment before resuming the immigration process.

Good news! **TB is treatable** and most people can be cured with a few months of oral antibiotics.

What Do I Need to Bring to My Appointment?

Identification:

- ▶ Passport (valid original); in exceptional cases where your original passport is not available, alternative identity documentation as outlined below are accepted:
 - ▶ Certificate of identity
 - ▶ Refugee travel document
 - ▶ National Identity Card with photo (if the identity card was issued by one of the countries in this list and the examining clinic is located in the issuing country) For the list of countries, please refer to: <https://www.immigration.govt.nz/new-zealand-visas/apply-for-a-visa/tools-and-information/medical-info/identity-documents-medical>

Medical Records:

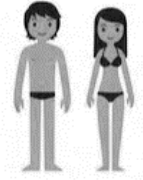
- ▶ Any medical reports on past or current medical conditions.
- ▶ Child Health and Development Record for children, if available.

Other:

- ▶ Eyeglasses or lenses, if you wear them.

Advice for the Migration Health Assessment

- ▶ For your physical examination, you will be asked to remove your clothes and will be provided with a medical gown, but **please keep your underwear on** (see image at right).
- ▶ You **may request a chaperone** to be present at your physical examination.
- ▶ **Please do not conceal any medical conditions**; deliberate attempts to hide them will be reported to the New Zealand immigration authorities.
- ▶ For female applicants, **please do not conceal your pregnancy**; being pregnant will have no impact on your immigration prospects.
- ▶ **Please postpone or re-schedule your appointment if you or your child are ill** with a fever or have a rash.
- ▶ For female applicants, **please postpone or re-schedule your appointment if you are menstruating**, as it may affect the urine test result.
- ▶ There is **no need to fast** prior to your appointment.
- ▶ **For applicants unable to communicate in the local language or English, please bring an interpreter** with you on the appointment date. The interpreter must not be a family member. The interpretation service fees shall be at your own expense.



Migration Health Assessment Fees and Payment Information

Fees, by Age of Applicant and Type of Certificate:

Type of Certificate	Below the age of 5 years	Between 5 and 10 years	Between 11 and 14 years	15 years and above
Chest X-ray Certificate	n/a	n/a	1,510 THB	1,510 THB
Limited Medical Certificate	2,150 THB	2,150 THB	2,150 THB	2,880 THB
Limited Medical and Chest X-ray Certificate	n/a	n/a	3,660 THB	4,320 THB
General Medical Certificate	2,150 THB	2,330 THB	2,330 THB	5,560 THB
General Medical and Chest X-ray Certificate	n/a	n/a	3,770 THB	7,000 THB

Additional fees will apply if other investigations are requested.

How to Pay for the Migration Health Assessment:

- ▶ Payments must be made at the IOM MHAC on the day of the migration health assessment in Thai Baht by cash or QR code payment. Credit card payment is not accepted.

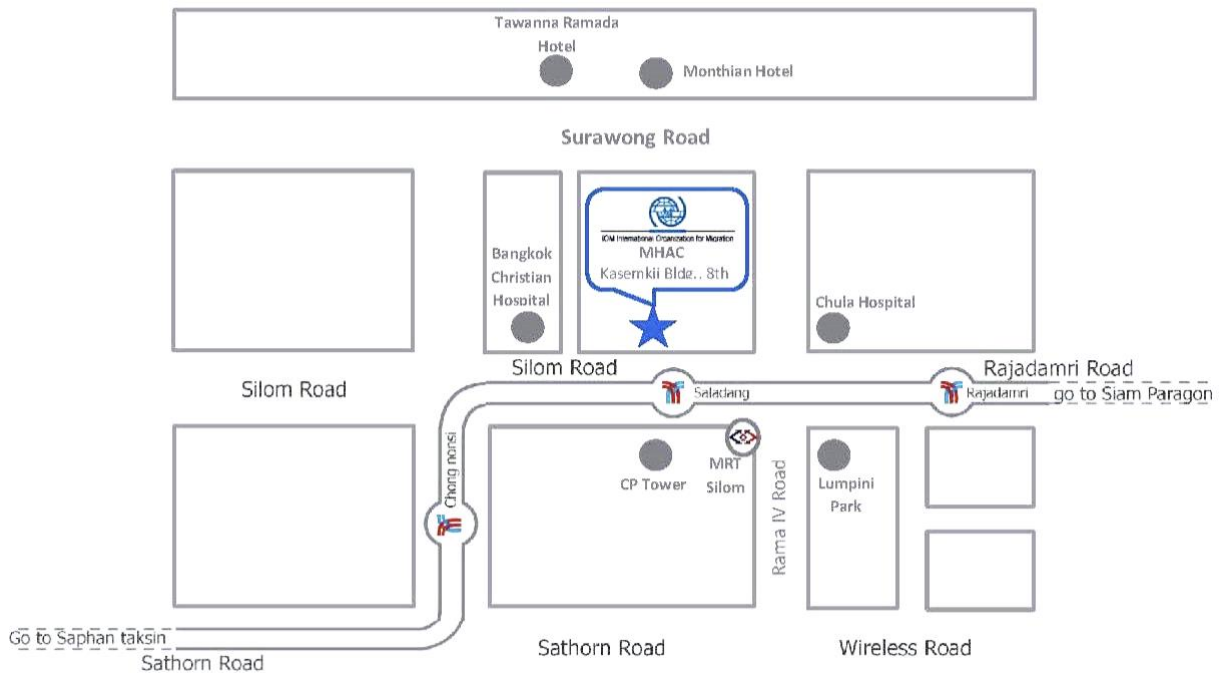
Map and Directions

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Google Maps Location: <https://goo.gl/maps/rCf58GVxff84rpCj6>

