

Migration Health Assessments for the NZ-Bound Migrants

All applicants are required to undergo a migration health assessment as part of their visa application process for New Zealand. In this document, you will find important information related to your upcoming migration health assessment at IOM's Migration Health Assessment Centre (MHAC) in Moscow, Russian Federation.

IOM Moscow MHAC Contact Information

Address: Moscow, Rastorguevskiy pereulok, 3, the City Polyclinic 220 Sub-branch, 4th floor, room 412 (the nearest metro station "Ulitsa 1905 goda").

Phone Number: +7.495.660 77 84

Opening Hours: Monday to Thursday 8:00 - 16:30, On Fridays 8:00 - 15:00

Email address: eappointment@iom.int

What Should I Expect at my Appointment?

The scope of the migration health assessment varies depending on factors such as your visa category, age, gender and current health status. The list below shows some of the procedures that you or your family (if they are applying to migrate with you to New Zealand) might receive:

- Registration.
- Counselling to explain the health assessment process (at the end of the counselling you will sign an informed consent form).
- Medical examination, which may include the following:
 - A review of your medical history and current symptoms
 - Taking your measurements and vital signs
 - A detailed physical examination to assess your physical and mental status
 - A chest X-ray
 - Laboratory and other tests
 - Hepatitis B and C tests
 - Syphilis test
 - Serum creatinine (test for kidney function)
 - HIV test
 - Full blood count
 - Glycosylated hemoglobin (test for diabetes)
 - Pregnancy test
 - Urine analysis

Breakdown of Migration Health Assessment Procedures by Age of Applicant:

Below the Age of 5 Years	Between 5 and 10 Years	Between 11 and 14 Years	15 Years and Above
- Medical examination	- Medical examination - Urine analysis	- Medical examination - Urine analysis - Chest X-ray	- Medical examination - Urine analysis - Chest X-ray - Blood tests

All basic requirements are done on the same day, during the same appointment.

Will I need additional tests or procedures?

Additional tests or treatment may be in order to complete the health assessment and/or to comply with the requirements of the immigration authorities, based on health conditions identified during your examination. In such an event, you will be provided with additional counselling and more information during your appointment.

Will I receive any vaccines?

Immunizations are not currently required as part of the migration health assessment for New Zealand, unless special arrangements apply (such as immunization in case of outbreaks of vaccine-preventable diseases in the country of origin). However, you are strongly encouraged to complete immunizations before you travel to New Zealand and bring your immunization record with you. If you wish, the IOM doctor can review your record and provide advice on missing vaccinations.

Important Notes

Minors:

Applicants under the age of 18 must be accompanied by a **parent or guardian** who can provide consent and make decisions on their behalf.

Pregnancy:

If you are pregnant and undergoing a migration health assessment, you may choose to either get the chest X-ray with a double leaded shielding to protect you and your unborn baby **or** wait to proceed with the migration health assessment until after giving birth.

If you choose to proceed with the chest X-ray, you will be requested to sign an additional consent form.

Tuberculosis (TB):

TB is a contagious bacterial infection that is spread from person to person through tiny droplets in the air. TB can be either:

- (1) **Latent TB:** when you have the bacteria in your body, but you don't have any clinical manifestations. In order to diagnose latent TB, active TB should be ruled out.

- (2) **Active TB:** when you have the bacteria and have clinical, radiological or laboratory manifestations.

You might be asked to undergo further testing if the doctor suspects you have TB. In such an event, you will be provided with additional counselling and more information during your appointment.

You will be requested to provide three (3) sputum samples over 3 consecutive days. These samples are then tested in a laboratory; **it takes 8 weeks to obtain a result.**

If you are required to complete this test, your health assessment certificate will be put on hold until the results are received. If you are found to have TB, you will need to successfully complete treatment before resuming the immigration process.

Good news! **TB is treatable** and most people can be cured with a few months of oral antibiotics.

What Do I Need to Bring to My Appointment?

Identification:

▸ Passport (valid original); in exceptional cases where your original passport is not available, a valid original National ID card with photo will be accepted.

Medical Records:

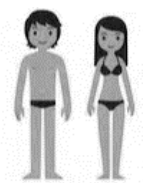
- Any medical reports on past or current medical conditions.
- Child Health and Development Record for children, if available.

Other:

- Eyeglasses or lenses, if you wear them.
- Address in country of origin in English.
- Address in the New Zealand in English.
- If you pre-paid for your migration health assessment, **please send us a copy or bring a hard copy of the proof of payment**

Advice for the Migration Health Assessment

- For your physical examination, you will be asked to remove your clothes and will be provided with a medical gown, but **please keep your underwear on (see image at right).**
- You **may request a chaperone** to be present at your physical examination.
- **Please do not conceal any medical conditions;** deliberate attempts to hide them will be reported to the New Zealand immigration authorities.
- For female applicants, **please do not conceal your pregnancy;** being pregnant will have no impact on your immigration prospects.
- **Please postpone or re-schedule your appointment if you or your child are ill** with a fever or have a rash.
- For female applicants, **please postpone or re-schedule your appointment if you are menstruating,** as it may affect the urine test result.
- There is **no need to fast** prior to your appointment.



Migration Health Assessment Fees and Payment Information

Fees, by Age of Applicant:

Below the age of 5 years	Between 5 and 10 years	Between 11 and 14 years	15 years and above
163 USD	173 USD	225 USD	326 USD

Additional fees will apply if other investigations are requested.

Fees for special visa categories:

Category	Fee
CXR only	130 USD

Additional fees will apply if other investigations are requested.

How to Pay for the Migration Health Assessment:

- Payment can be made either before your appointment or on the day of medical examination at the IOM MHAC in **Russian rubles at the exchange rate fixed by the IOM on the 1st and 15th of each month.**
- If you are not sure about the correct amount to pay, please send a request for payment instructions to eappointment@iom.int.
- **Only online or bank payments are accepted.**
For online payments, please use the following link: <http://moscow.iom.int/ru/payment/register>

Bank transfer payments should be made to the account below:

Bank transfer payments should be made to the account below:
[Bank Details for the IOM MHAC in Moscow, Russian Federation](#)

Name of Bank:	AO RAIFFEISENBANK
Account Name:	INTERNATIONAL ORGANIZATION FOR MIGRATION
Bank Address:	28, SMOLENSKAYA-SENNAYA SQ, MOSCOW, 119002
Account Number:	40807810700000001928
SWIFT Code/BIC:	RZBMRUMM* (please see notes)
IBAN Number:	N/A
Correspondent account:	30101810200000000700
TIN/RRC	9909092100/773863001

Please note that you will need to indicate the purpose of payment: Medical exam for Full Name and DOB of the applicant and destination country. e.g. *Medical exam for Ivanov, Ivan/ 12.12.1975/New Zealand.*

Bank transfer payments usually take 2 to 3 working days.

Please note the conversion commission fee the bank charges.

In case you cancel your appointment, please note that only 34.5 USD will be refunded. However, you may change your appointment date free of charge two times.

You will receive a receipt after paying the migration health assessment fee. This receipt is valid for one year from the date of payment.