

Migration Health Assessments for the UK-Bound Migrants

All applicants who are planning to stay in the United Kingdom for 6 months or longer, and who are living in or have travelled to a country with high TB burden within the last six months, are required to undergo a migration health assessment to screen for tuberculosis (TB) as part of their visa application process for the United Kingdom. In this document, you will find important information related to your upcoming migration health assessment at the IOM’s Migration Health Assessment Centre (MHAC) in Moscow, Russian Federation.

IOM Moscow MHAC Contact Information

Address: Moscow, Rastorguevskiy pereulok, 3, the City Polyclinic 220 Sub-branch, 4th floor, room 412 (the nearest metro station “Ulitsa 1905 goda”).

Phone Number: +7.495.660 77 84

Opening Hours: Monday to Thursday 8:00 - 16:30, On Fridays 8:00 - 15:00

Email address: eappointment@iom.int

What Should I Expect at my Appointment?

The scope of the migration health assessment varies depending on factors such as your age and current health status. The list below shows some of the procedures that you or your family (if they are applying to migrate with you to the United Kingdom) might receive:

- Registration.
- Counselling to explain the health assessment process (at the end of the counselling you will sign an informed consent form).
- Medical examination, which may include the following:
 - A review of your medical history and current symptoms.
 - A physical examination, where clinically indicated.
 - A chest X-ray.
- Clearance certificate (if all tests are normal, the certificate will be issued the same day).

Breakdown of Migration Health Assessment Procedures, by Age of Applicant:

Below the Age of 11 Years*	11 Years and Above
<ul style="list-style-type: none"> - Medical history and current symptoms - Physical examination, if clinically indicated 	<ul style="list-style-type: none"> - Medical history and current symptoms - Physical examination, if clinically indicated - Chest X-ray

All basic requirements are done on the same day, during the same appointment.

**Children under the age of 11 years may be requested to undergo chest X-ray, if clinically indicated*

Important Notes

Minors:

Applicants under the age of 18 must be accompanied by a **parent or legal guardian** who can provide consent and make decisions on their behalf. Birth certificate or other document certifying this right is needed.

Pregnancy:

Women of child-bearing age may be requested to provide a urine sample to test for pregnancy before undergoing a chest X-ray. If you are pregnant and undergoing a migration health assessment, you may choose to:

- Proceed with the chest X-ray with a double leaded shielding to protect you and your unborn baby; or
- Opt for sputum testing, where you will be requested to provide a sputum sample on 3 consecutive days; or
- Wait to proceed with the migration health assessment until after giving birth.

If you choose to proceed with the chest X-ray, you will be requested to sign an additional consent form.

Tuberculosis:

TB is a contagious bacterial infection that is spread from person to person through tiny droplets in the air. TB can be either:

- (1) **Latent TB:** when you have the bacteria in your body, but you don't have any clinical manifestations. To diagnose latent TB, active TB should be ruled out.
- (2) **Active TB:** when you have the bacteria and have clinical, radiological or laboratory manifestations.

You might be asked to undergo further testing if the doctor suspects you have active TB.

In such an event, you will be provided with additional counselling and more information during your appointment.

You will be requested to provide three (3) sputum samples over 3 consecutive days. These samples are then tested in a laboratory; **it takes 6 weeks to obtain a result.**

If you are required to complete this test, your health assessment certificate will be put on hold until the results are received. If you are found to have TB, you will need to successfully complete treatment before resuming the immigration process.

Good news! **TB is treatable** and most people can be cured at home with a few months of oral antibiotics.

What Do I Need to Bring to My Appointment?

Identification:

- Passport (valid original) or any other ID with number, photo and signature.

Medical Records:

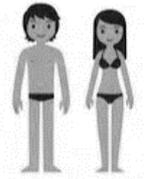
- Any medical reports with previous chest X-rays, if available. This is especially important if you were diagnosed with and treated for tuberculosis at any point in life.

Other:

- If you pre-paid for your migration health assessment, **please send us a copy or bring a hard copy of the proof of payment.**
- Permanent and current address in the country of origin.
- Full address in the United Kingdom, complete with phone number and postal code.

Advice for the Migration Health Assessment

- For your physical examination, you will be asked to remove your clothes and will be provided with a medical gown, but **please keep your underwear on (see image at right).**
- You **may request a chaperone** to be present at your physical examination.
- **Please do not conceal any medical conditions;** deliberate attempts to hide them will be reported to the UK immigration authorities.
- **Please do not conceal your pregnancy;** being pregnant will have no impact on your immigration prospects.
- **Please postpone or re-schedule your appointment if you or your child are ill** with a fever or have a rash.
- There is **no need to fast** prior to your appointment.



Migration Health Assessment Fees and Payment Information

Fees, by Age of Applicant:

Below the Age of 11 Years	11 Years and Above
100 USD	130 USD

Additional fees may apply if other investigations are requested.

How to Pay for the Migration Health Assessment:

- Payment can be made either before your appointment or on the day of medical examination at the IOM MHAC in **Russian rubles at the exchange rate fixed by the IOM on the 1st and 15th of each month.**

- If you are not sure about the correct amount to pay, please send a request for payment instructions to eappointment@iom.int.

- **Only online or bank payments are accepted.**

For online payments, please use the following link:

<http://moscow.iom.int/ru/payment/register>

Bank transfer payments should be made to the account below:

Bank Details for the IOM MHAC in Moscow, Russian Federation

Name of Bank:	AO RAIFFEISENBANK
Account Name:	INTERNATIONAL ORGANIZATION FOR MIGRATION
Bank Address:	28, SMOLENSKAYA-SENNAYA SQ, MOSCOW, 119002
Account Number:	40807810700000001928
SWIFT Code/BIC:	RZBMRUMM* (please see notes)
IBAN Number:	N/A
Correspondent account:	30101810200000000700
TIN/RRC	9909092100/773863001

Please note that you will need to indicate the purpose of payment: Medical exam for Full Name and DOB of the applicant and destination country. e.g. *Medical exam for Ivanov, Ivan/ 12.12.1975/the UK.*

Bank transfer payments usually take 2 to 3 working days.

Please note the conversion commission fee the bank charges.

In case you cancel your appointment, please note that only 34.5 USD will be refunded. However, you may change your appointment date free of charge two times.

You will receive a receipt after paying the migration health assessment fee. This receipt is valid for one year from the date of payment.