

Migration Health Assessments for United Kingdom-Bound Migrants

All applicants who are planning to stay in the United Kingdom for 180 days or longer, and who are living in or have travelled to a country with a high TB burden within the last six months, are required to undergo a migration health assessment to screen for tuberculosis (TB) as part of their visa application process for the United Kingdom. In this document, you will find important information related to your upcoming migration health assessment at IOM Pakistan at its Migration Health Assessment Centre (MHAC) in Islamabad, Karachi, Lahore, or Mirpur.

You will also be able to download this document at the end of the appointment-making process.

MHAC IOM Islamabad Contact Information

Address: 2nd Floor, Maroof International Hospital, F-10 Markaz Islamabad

Phone Number: +92 51 111 466 472

Email address: mhdislamabad@iom.int

Opening Hours: 8:00 am to 4:45 pm Monday to Thursday & 8:00 am to 12:30 pm Fridays

MHAC IOM Lahore Contact Information

Address: House No. 70, H- Block, Gulberg III, Near D-Ground, Lahore

Phone Number: +92 51 111 466 472

Email address: mhdislamabad@iom.int

Opening Hours: 8:00 am to 4:45 pm Monday to Thursday & 8:00 am to 12:30 pm Fridays

MHAC IOM Karachi Contact Information

Address: Plot F-14, PECHS Block-6, Shahra-e-Faisal near KFC Karachi

Phone Number: +92 51 111 466 472

Email address: mhdislamabad@iom.int

Opening Hours: 8:00 am to 4:45 pm Monday to Thursday & 8:00 am to 12:30 pm Fridays

MHAC IOM Mirpur Contact Information

Address: House No 66-A/1, Near Mirpur Development Authority (MDA) Office. F/2 Road, Mirpur, AJK.

Phone Number: +92 51 111 466 472

Email address: mhdislamabad@iom.int

Opening Hours: 8:00 am to 4:45 pm Monday to Thursday & 8:00 am to 12:30 pm Fridays

What Should I Expect at My Appointment?

The scope of the migration health assessment varies depending on factors such as age and current health status. The list below shows some of the procedures that you or your family (if they are applying to migrate with you to the United Kingdom) might receive:

- Registration.
- Counselling to explain the health assessment process (at beginning of the counselling you will sign an informed consent form).
- Medical examination, which may include the following:
 - A physical examination, where clinically indicated.
 - A chest X-ray.
- Clearance certificate (if all tests are normal, the Certificate will be issued on the same day).

Breakdown of Migration Health Assessment Procedures, by Age of Applicant:

Below the Age of 11 Years*	11 Years and Above
<ul style="list-style-type: none"> - Medical history and current symptoms - Physical examination, if clinically indicated 	<ul style="list-style-type: none"> - Medical history and current symptoms - Physical examination, if clinically indicated - Chest X-ray

All basic requirements are done on the same day during the same appointment.

*Children under the age of 11 years may be requested to undergo a chest X-ray if clinically indicated.

Important Notes

Minors:

- As per the new UK Visas & Immigration instructions screening is mandatory for accompanying children less than 11 years of age.
- Applicants under the age of 17 must be accompanied by a **parent or a legal guardian** who cannot provide consent and make decisions on their behalf.
- Proof of relationship (of parent or legal guardian) is necessary when consenting to conduct IMEs for children.
- FRC (Family Registration Certificate) for Pakistani nationals.
- Marriage certificate of the mother, wherein, Father name of the accompanying children is entered.
- We can request for legal papers (court or government orders) allowing the legal guardian to take custody of the child.

Pregnancy:

Women of child-bearing age may be requested to provide a urine sample to test for pregnancy before undergoing a chest X-ray. If you are pregnant and undergoing a migration health assessment, you may choose to:

- Proceed with the chest X-ray with double leaded shielding to protect you and your unborn baby; or
- opt for sputum testing, where you will be requested to provide a sputum sample on 3 consecutive days: or
- Wait to proceed with the migration health assessment until after giving birth.

If you choose to proceed with the chest X-ray, you will be requested to sign an additional consent form.

Tuberculosis:

TB is a contagious bacterial infection that is spread from person to person through tiny droplets in the air. TB can be either:

- (1) **Latent TB:** when you have the bacteria in your body, but you don't have any clinical manifestations. To diagnose latent TB, active TB should be ruled out.
- (2) **Active TB:** when you have the bacteria and have clinical, radiological, or laboratory manifestations.

You might be asked to undergo further testing if the doctor suspects you have active TB. In such an event, you will be provided with additional counselling and more information during your appointment.

You will be requested to provide three (3) sputum samples over 3 consecutive days. These samples are then tested in a laboratory; **it can take up to 8-10 weeks to obtain a result.**

If you are required to complete this test, your health assessment certificate will be put on hold until the results are received. If you are found to have TB, you will need to successfully complete treatment before resuming the immigration process.

Good news! **TB is treatable** and most people can be cured at home with a few months of oral antibiotics.

What Do I Need to Bring to My Appointment?

Identification:

- Passport (original).
- Three (3) recently taken passport-sized colour photos with white background

Medical Records:

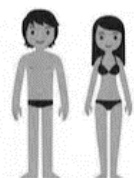
▸ Any medical reports with previous chest X-rays, if available. This is especially important if you were diagnosed with and treated for tuberculosis at any point in life.

Other:

- If you pre-paid for your migration health assessment, **please bring a hard copy of the proof of payment (2 copies)**
- Permanent and current address in the country of origin
- Full address in the United Kingdom, complete with phone number and postal code

Advice for the Migration Health Assessment

- For your physical examination, you will be asked to remove your clothes and will be provided with a medical gown, but **please keep your underwear on (see image at right).**
- You **may request a chaperone** to be present at your physical examination.



- ▶ **Please do not conceal any medical conditions;** deliberate attempts to hide them will be reported to the UK immigration authorities.
- ▶ **Please do not conceal your pregnancy;** being pregnant will have no impact on your immigration prospects.
- ▶ **Please postpone or reschedule your appointment if you or your child are ill** with a fever or have a rash.
- ▶ There is **no need to fast** before your appointment.

Migration Health Assessment Fees and Payment Information

Fees, by Age of Applicant *:

UKTB			
Age group	Medical includes	Islamabad-Karachi-Mirpur	Lah
Below 11 yrs.	Physical Examination (PE)	11000	
From 11yrs. and above	PE, Chest X-RY	15000	

The service fees will be accepted at the medical centre in cash/ Debit or Credit card except for American Express Card.

** The above-mentioned fees are variable & subject to change.*

Additional fees may apply if other investigations are requested.

How to Pay for the Migration Health Assessment:

- ▶ Payments should be made in PKR **at the bank before your appointment day** at one of the branches indicated below:

Approved Bank Branches

S.No.	Branch Code	City Name	Branch Name	Branch Address
10	596	MIRPUR	MCB (Muslim Commercial Bank)	BANK SQUARE ,ALLAMA IQBAL Rd, NANGI,MIRPUR, AJK