

Migration Health Assessments for Canada-Bound Migrants

All applicants are required to undergo a migration health assessment as part of their visa application process for Canada. In this document, you will find important information related to your upcoming migration health assessment at IOM Pakistan at its Migration Health Assessment Centre (MHAC) in Islamabad, Karachi, or Lahore.

You will also be able to download this document at the end of the appointment-making process.

MHAC IOM Islamabad Contact Information

Address: 2nd Floor, Maroof International Hospital, F-10 Markaz Islamabad

Phone Number: +92 51 111 466 472

Email address: mhdislamabad@iom.int

Opening Hours: 8:00 am to 4:45 pm Monday to Thursday & 8:00 am to 12:30 pm Fridays

MHAC IOM Lahore Contact Information

Address: House No. 70, H- Block, Gulberg III, Near D-Ground, Lahore

Phone Number: +92 51 111 466 472

Email address: mhdislamabad@iom.int

Opening Hours: 8:00 am to 4:45 pm Monday to Thursday & 8:00 am to 12:30 pm Fridays

MHAC IOM Karachi Contact Information

Address: Plot F-14, PECHS Block-6, Shakra-e-Faisal near KFC Karachi

Phone Number: +92 51 111 466 472

Email address: mhdislamabad@iom.int

Opening Hours: 8:00 am to 4:45 pm Monday to Thursday & 8:00 am to 12:30 pm Fridays

What Should I Expect at My Appointment?

The scope of the migration health assessment varies depending on factors such as your visa category, age, gender, and current health status. The list below shows some of the procedures that you or your family (if they are applying to migrate with you to Canada) might receive:

- Registration.
- Counselling to explain the health assessment process (at the end of the counselling, you will sign an informed consent form).
- *Medical examination*, which may include the following:
 - A review of your medical history and current symptoms.
 - Taking your measurements and vital signs.
 - A detailed physical examination to assess your physical and mental status.
 - A chest X-ray.
 - Urine analysis.
 - HIV test.
 - Serum creatinine
 - Syphilis test.

Breakdown of Migration Health Assessment Procedures, by Age of Applicant:

Below the Age of 5 Years	Between 5 and 10 Years	Between 11 and 14 Years	15 years and Above
- Medical examination	- Medical examination - Urine analysis	- Medical examination - Urine analysis - Chest X-ray	- Medical examination - Urine analysis - Chest X-ray - Blood tests

All basic requirements are done on the same day, during the same appointment.

Will I need additional tests or procedures?

Additional tests, treatment, or immunizations may be needed to complete the health assessment and/or to comply with the requirements of the immigration authorities, based on health conditions identified during your examination. In such an event, you will be provided with additional counselling and more information during your appointment.

Important Notes

Minors:

Applicants under the age of 16 must be accompanied by a **parent or a legal guardian** who cannot provide consent and make decisions on their behalf.

- Proof of relationship (of parent or legal guardian) is necessary when consenting to conduct IMEs for children.
- FRC (Family Registration Certificate) for Pakistani nationals.
- Marriage certificate of the mother, wherein, Father name of the accompanying children is entered.
- We can request for legal papers (court or government orders) allowing the legal guardian to take custody of the child.

Pregnancy:

If you are pregnant and undergoing a migration health assessment, you may choose to either get the chest X-ray with double leaded shielding to protect you and your unborn baby **or** wait to proceed with the migration health assessment until after giving birth. If you choose to proceed with the chest X-ray, you will be requested to sign an additional consent form.

Tuberculosis (TB):

TB is a contagious bacterial infection that is spread from person to person through tiny droplets in the air. TB can be either:

- (1) **Latent TB:** when you have the bacteria in your body, but you do not have any clinical manifestations. To diagnose latent TB, active TB should be ruled out.

(2) Active TB: when you have the bacteria and have clinical, radiological, or laboratory manifestations.

You might be asked to undergo further testing if the doctor suspects you have TB. In such an event, you will be provided with additional counselling and more information during your appointment.

You will be requested to provide three (3) sputum samples over 3 consecutive days. These samples are then tested in a laboratory; **it can take up to 8-10 weeks to obtain a result.**

If you are required to complete this test, your health assessment certificate will be put on hold until the results are received. If you are found to have TB, you will need to successfully complete treatment before resuming the immigration process.

Good news! **TB is treatable** and most people can be cured at home with a few months of oral antibiotics.

What Do I Need to Bring to My Appointment?

Identification:

- ▶ **Passport** (valid original or photocopy certified by a Canadian Visa Office) or a **valid national ID card** (an original **Family Registration Certificate (FRC)** is an acceptable national ID document for minors under the age of consent only)
- ▶ **Medical Report Form (IMM 1017)** with client identifiers (**IME or UCI number**), except for those presenting for an Upfront Medical Exam (UFM). Following the completion of the health assessment, UFM applicants will be issued a document generated from eMedical as proof of compliance with the medical requirements.

Medical Records:

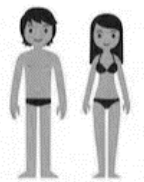
- ▶ **Refugee applicants are requested to please bring their valid Polio vaccination certificate at the time of their appointment.**
- ▶ All medical reports on past or current medical conditions.
- ▶ Child Health and Development Record for children, if available.

Other:

- ▶ Eyeglasses or lenses, if you wear them.
- ▶ There is no need to bring photographs since they will be taken at the MHAC.

Advice for the Migration Health Assessment

- ▶ For your physical examination, you will be asked to remove your clothes and will be provided with a medical gown, but **please keep your underwear on (see image at right).**
- ▶ You **may request a chaperone** to be present at your physical examination.
- ▶ **Please do not conceal any medical conditions;** deliberate attempts to hide them will be reported to the Canadian immigration authorities.



- ▶ **Please do not conceal your pregnancy;** being pregnant will have no impact on your immigration prospects.
- ▶ **Please postpone or reschedule your appointment if you or your child are ill with a fever or have a rash.**
- ▶ **There is no need to fast before your appointment.**

Migration Health Assessment Fees and Payment Information

Fees, by Age of Applicant*:

CANADA			
Age group	Medical includes	Islamabad-Karachi-Mirpur	Lahore
Below 5 yrs.	Physical Examination (PE)	21,500.00	
From 5 yrs. less than 11 yrs.	PE, Urine Test	22,000.00	
From 11 yrs. and less than 15 yrs.	PE, Urine Test and CXR	32,500.00	
From 15 yrs. and above	PE, Urine Test, CXR, VDRL, HIV, Hep B, Hep C, Serum Creatinine	36,500.00	
Reassessment		21,000.00	
Follow-up Charges		3,000.00	
Cases with CXR only		9,000.00	

** The above-mentioned fees are variable & subject to change.*

** The IOM MHAC in Lahore applies an additional 16% general service tax (GST) on laboratory and radiology tests, included in the service fees.*

Additional fees will apply if other investigations are requested.

How to Pay for the Migration Health Assessment:

- ▶ Payments are made at the IOM MHAC on the day of the migration health assessment **in PKR.**
- ▶ **The service fees will be accepted at the medical centre in cash/ Debit or Credit card except for American Express Card.**