

## Migration Health Assessments for Canada-Bound Migrants

All applicants are required to undergo a migration health assessment as part of their visa application process for Canada. In this document, you will find important information related to your upcoming migration health assessment at IOM's Migration Health Assessment Centre (MHAC) in Nairobi, Kenya.

You will also be able to download this document at the end of the appointment-making process.

### IOM Nairobi MHAC Contact Information

**Address:** No. 78 United Nations Crescent Road, Gigiri, Nairobi

**Phone Number:** +254 709890000

**Opening Hours:** Mondays to Thursdays 08.00 AM - 04.30 PM, Fridays 08.00 AM - 02.30 PM

**Email address:** [iomnbomedical@iom.int](mailto:iomnbomedical@iom.int)

### What Should I Expect at my Appointment?

The scope of the migration health assessment varies depending on factors such as your visa category, age, gender, and current health status. The list below shows some of the procedures that you or your family (if they are applying to migrate with you to Canada) might receive:

- Registration.
- Counselling to explain the health assessment process (at the end of the counselling you will sign an informed consent form).
- *Medical examination*, which may include the following:
  - A review of your medical history and current symptoms.
  - Taking your measurements and vital signs.
  - A detailed physical examination to assess your physical and mental status.
  - A chest X-ray.
  - Urine analysis.
  - HIV test.
  - Serum creatinine (test for kidney function).
  - Syphilis test.

### Breakdown of Migration Health Assessment Procedures, by Age of Applicant:

Below the Age of 5 Years	Between 5 and 10 Years	Between 11 and 14 Years	15 years and Above
- Medical examination	- Medical examination - Urine analysis	- Medical examination - Urine analysis - Chest X-ray	- Medical examination - Urine analysis - Chest X-ray - Blood tests

All basic requirements are done on the same day, during the same appointment.

## Will I need additional tests or procedures?

Additional tests, treatment or immunizations may be in order to complete the health assessment and/or to comply with the requirements of the immigration authorities, based on health conditions identified during your examination. In such an event, you will be provided with additional counselling and more information during your appointment.

## Important Notes

### Minors:

Applicants under the age of 16 must be accompanied by a **parent or guardian** who can provide consent and make decisions on their behalf.

### Pregnancy:

If you are pregnant and undergoing a migration health assessment, you may choose to either get the chest X-ray with a double leaded shielding to protect you and your unborn baby **or** wait to proceed with the migration health assessment until after giving birth. If you choose to proceed with the chest X-ray, you will be requested to sign an additional consent form.

### Tuberculosis (TB):

TB is a contagious bacterial infection that is spread from person to person through tiny droplets in the air. TB can be either:

- (1) **Latent TB:** when you have the bacteria in your body, but you don't have any clinical manifestations. In order to diagnose latent TB, active TB should be ruled out.
- (2) **Active TB:** when you have the bacteria and have clinical, radiological or laboratory manifestations.

You might be asked to undergo further testing if the doctor suspects you have TB. In such an event, you will be provided with additional counselling and more information during your appointment.

You will be requested to provide three (3) sputum samples over 3 consecutive days. These samples are then tested in a laboratory; **it can take up to 8-10 weeks to obtain a result.**

If you are required to complete this test, your health assessment certificate will be put on hold until the results are received. If you are found to have TB, you will need to successfully complete treatment before resuming the immigration process.

Good news! **TB is treatable** and most people can be cured at home with a few months of oral antibiotics.

## What Do I Need to Bring to My Appointment?

### Identification:

- **Passport** (valid original or photocopy certified by a Canadian Visa Office) or a **valid national ID card** (an original **Birth Certificate** is an acceptable national ID document for minors under the age of consent only)
- **Medical Report Form** (IMM 1017) with client identifiers (**IME or UCI number**), except for those presenting for an Upfront Medical Exam (UFM). Following completion of the health assessment, UFM applicants will be issued a document generated from eMedical as proof of compliance with the medical requirements.

**Medical Records:**

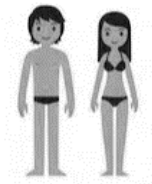
- Any medical reports on past or current medical conditions.
- Child Health and Development Record for children, if available.

**Other:**

- Eyeglasses or lenses, if you wear them.

**Advice for the Migration Health Assessment**

- For your physical examination, you will be asked to remove your clothes and will be provided with a medical gown, but **please keep your underwear on (see image at right)**.
- You **may request a chaperone** to be present at your physical examination.
- **Please do not conceal any medical conditions**; deliberate attempts to hide them will be reported to the Canadian immigration authorities.
- **Please do not conceal your pregnancy**; being pregnant will have no impact on your immigration prospects.
- **Please postpone or re-schedule your appointment if you or your child are ill** with a fever or have a rash.
- There is **no need to fast** prior to your appointment.
- **Please note that parking will not be provided inside the MHAC gates**. Please arrange to be dropped off at the Applicant’s Entrance of the Facility or park your car at a nearby parking area, such as at Village Market Gigiri.



**Migration Health Assessment Fees and Payment Information**

**Fees, by Age of Applicant:**

Below the age of 5 years	Between 5 and 10 years	Between 10 and 14 years	15 years and above
USD 110	USD 115	USD 155	USD 185

*Additional fees will apply if other investigations are requested.*

**How to Pay for the Migration Health Assessment:**

- Payments can be made by bank deposit, M-PESA or credit card (Visa or Mastercard) on the day of your appointment. All information regarding payments will be provided to you at the MHAC.
- Clients wishing to pay by bank deposits can do so at CBA Bank (Gigiri Branch only), situated at the Village Market Gigiri, 800 meters from the IOM MHAC gate to the back entrance of the Village Market. The invoice and details for the payment will be issued at the IOM MHAC on the day of the appointment.
- Clients wishing to pay with M-PESA will receive payment details from the IOM staff during registration at IOM MHAC.

**Important note: Please DO NOT pay any service fee to ANY INDIVIDUALS. All payments should be made after an INVOICE IS GENERATED AND ISSUED by IOM staff at the MHAC on the DAY OF APPOINTMENT.**