

Migration Health Assessments for Canada-Bound Migrants

All applicants are required to undergo a migration health assessment as part of their visa application process for Canada. In this document, you will find important information related to your upcoming migration health assessment at IOM's Migration Health Assessment Centre (MHAC) in **Yaounde** or **Douala**.

You will also be able to download this document at the end of the appointment-making process.

IOM Yaounde MHAC Contact Information

Address: Carrefour Golf-Rosa Parks Avenue. Pink building located on the opposite side of the American Embassy, Yaounde Cameroon

Phone Number: +237 650814372 or +237 697275557

Email address: iommhacyde@iom.int

Opening Hours: 8:00 am – 5:30 pm Monday to Thursday, 8:00 am – 2:00 pm Fridays

IOM Douala MHAC Contact Information

Address: Bonapriso rue Koloko, building number 291. At the left of clinique du Dr Titalom, before the entrance of lycée Mongo, Douala, Cameroon

Phone Number: +237 650814362 or +237 695459562

Operating Hours: 8:00 am – 5:30 pm Monday to Thursday, 8:00 am – 2:00 pm Fridays

Email address: iommhacdla@iom.int

Opening Hours: What Should I Expect at my Appointment?

The scope of the migration health assessment varies depending on factors such on your visa category, age, gender, and current health status. The list below shows some of the procedures that you or your family (if they are applying to migrate with you to Canada) might receive:

- Registration.
- Counselling to explain the health assessment process (at the end of the counselling you will sign an informed consent form).
- *Medical examination*, which may include the following:
 - A review of your medical history and current symptoms.
 - Taking your measurements and vital signs.
 - A detailed physical examination to assess your physical and mental status.
 - A chest X-ray.
 - Urine analysis.
 - HIV test.
 - Serum creatinine test.
 - Syphilis test.

Breakdown of Migration Health Assessment Procedures, by Age of Applicant:

Below the Age of 5 Years	Between 5 and 10 Years	Between 11 and 14 Years	15 years and above
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- Medical examination	- Medical examination - Urine analysis	- Medical examination - Urine analysis - Chest X-ray	- Medical examination - Urine analysis - Chest X-ray - Blood tests
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INTERNATIONAL ORGANIZATION FOR MIGRATION

Will I need additional tests or procedures?

Additional tests, treatment or immunizations may be to complete the health assessment and/or to comply with the requirements of the immigration authorities, based on health conditions identified during your examination. In such an event, you will be provided with additional counselling and more information during your appointment.

Important Notes

Minors:

Applicants under the age of 16 must be accompanied by a **parent or guardian** who can provide consent and make decisions on their behalf.

Pregnancy:

If you are pregnant and undergoing a migration health assessment, you may choose to either get the chest X-ray with a double leaded shielding to protect you and your unborn baby **or** wait to proceed with the migration health assessment until after giving birth. If you choose to proceed with the chest X-ray, you will be requested to sign an additional consent form.

Tuberculosis (TB):

TB is a contagious bacterial infection that is spread from person to person through tiny droplets in the air. TB can be either:

- (1) **Latent TB:** when you have the bacteria in your body, but you don't have any clinical manifestations. To diagnose latent TB, active TB should be ruled out.
- (2) **Active TB:** when you have the bacteria and have clinical, radiological or laboratory manifestations.

You might be asked to undergo further testing if the doctor suspects you have TB. In such an event, you will be provided with additional counselling and more information during your appointment.

You will be requested to provide three (3) sputum samples over 3 consecutive days. These samples are then tested in a laboratory; **it can take up to 8-10 weeks to obtain a result.**

If you are required to complete this test, your health assessment certificate will be put on hold until the results are received. If you are found to have TB, you will need to successfully complete treatment before resuming the immigration process.

Good news! **TB is treatable** and most people can be cured at home with a few months of oral antibiotics.

What Do I Need to Bring to My Appointment?

Identification:

- ▶ **Passport** (valid original or photocopy certified by a Canadian Visa Office) or a **valid national ID card**
- ▶ **Medical Report Form** (IMM 1017) with client identifiers (**IME or UCI number**), except for those presenting for an Upfront Medical Exam (UFM).

Medical Records:

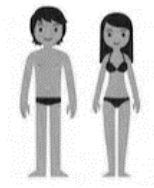
- ▶ Any medical reports on past or current medical conditions.
- ▶ Child Health and Development Record for children, if available.

Other:

- ▶ Eyeglasses or lenses if you wear them.
- ▶ **Hard copy of the proof of payment.**
- ▶ There is no need to bring photographs since they will be taken at the MHAC.

Advice for the Migration Health Assessment

- ▶ For your physical examination, you will be asked to remove your clothes and will be provided with a medical gown, but **please keep your underwear on (see image at right)**.
- ▶ You **may request a chaperone** to be present at your physical examination.
- ▶ **Please do not conceal any medical conditions**; deliberate attempts to hide them will be reported to the Canadian immigration authorities.
- ▶ **Please do not conceal your pregnancy**; being pregnant will have no impact on your immigration prospects.
- ▶ **Please postpone or re-schedule your appointment if you or your child are ill** with a fever or have a rash.
- ▶ There is **no need to fast** prior to your appointment.



Migration Health Assessment Fees and Payment Information

Fees, by Age of Applicant (in US Dollars):

Below the age of 5 years	Between 5 and 10 years	Between 11 and 14 years	15 years and above
130 USD	130 USD	150 USD	187 USD
Please contact the IOM clinic for updated fees in local currency - Central Africa FCFA (XAF)			

Additional fees may apply if other investigations are requested by Canadian immigration authorities

How to Pay for the Migration Health Assessment:

- ▶ Payments should be made in **Central Africa FCFA (XAF)** at the bank before your appointment day, to the account below. Please bring a **hard copy of the proof of payment** to your appointment.
- ▶ **Please contact the IOM clinic for updated fees in local currency - Central Africa FCFA (XAF).**
- ▶ Please note that the process for reimbursements, if needed, can be lengthy and may involve charges.

Bank Details for the IOM MHACs in Cameroon:

Name of Bank:	ECOBANK
Account Name:	OIM
Account Number:	30830023091
Comments	On the bank deposit slip, in the box "Reason for deposit", please write: MH.0088